



ABOUT CALGARY FOOTHILLS WFC AND THE UNITED WOMEN'S SOCCER LEAGUE:

July 2023

The Calgary Foothills Football Club supports two Pro-Am women's teams. One plays in League 1 Alberta and the other plays in the United Women's Soccer League. Both teams support the progression of female soccer players on their PATHWAY TO PRO.

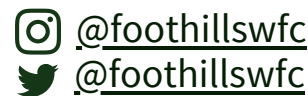
What is the United Women's Soccer League?

The United Women's Soccer (UWS) League was established in late 2015 to support the development of female soccer players between their college careers and the professional and international levels. To bridge this gap, UWS provides a competitive season during the spring and summer. This season helps collegiate players refine their skills for the fall competition, while also giving post-collegiate players an opportunity to further develop for professional and international opportunities. UWS consists of four divisions with a total of 25 teams. It is considered the second level in the U.S. Soccer Federation's pyramid, ranking just below the National Women's Soccer League. The league brings together teams from various locations across North America.



Calgary Foothills WFC and the UWS League - Key Facts

- Part of the UWS League West Conference since 2017.
- In 2018, won the West Conference with a record of 7-1-2, making it to the UWS National Playoffs for the first time in Foothills' history.
- Advanced to the UWS National Finals twice. In 2019 we hosted the National Championship in front of 1,500 fans at Mount Royal University in Calgary.
- Awarded franchise of the year in 2019.
- Broke records in 2022 winning all conference games and entering the National Championship with a 100% (10-0-0) winning record.
- UWS Head Coach, Lee Tucker, won the 2022 UWS West Conference Coach of the Year award.



Calgary Foothills WFC UWS League Key Players:



ABBY STEEN

Steen is a two-time Atlantic University Sports All-Star and was named the StFX Women's Soccer Rookie of the Year in 2021.



IZZY MONCK

Monck has played at Foothills since she was 12 and showcased her skills in 2022 on Canada's U17 National Team in the U17 World Cup and Concacaf World Cup Qualifiers. She also helped her University of Memphis team achieve an AAC Championship.



MYA JONES

Jones has also played at Foothills since she was 12. In her 2022 season, Jones was named the UWS MVP and West Conference Attacking Player of the Year. She has been named to multiple UWS all-conference teams and has helped lead her team to several championships.



JAYDEN BERG

In her rookie year, Berg was named to the 2021 Canada-West All-Rookie Team, 2021 USPORTS All-Rookie Team and was part of the 2022 team that came 2nd in the UWS National Championship.



BROOKLYN COLVIN

Colvin has showcased her exceptional skills and dedication on the field. In 2022, she emerged as a cornerstone of the University of Calgary Dino's back line, starting all 17 games and playing every minute of the season, totaling an impressive 1,530 minutes.



SARAH DILLING

Dilling had an incredible 2022 season, being named UWS Goalkeeper of the Year and earning a spot on the UWS West Conference First Team in 2022. She was also named to the UWS West Conference Second Team in 2021.



ISABELLA DIPALMA

DiPalma is a member of the University of Calgary Dinos women's soccer team. She has proven herself to be an exceptional player and has received numerous accolades and recognition for her outstanding performance.



HANNAH DUGUID

Duguid brings extensive experience gained from University of Colorado Buffalos team. She has also played on the Canadian National Team's U15 and U17 squads.



MABEL DUNN

As a member of the Eastern Michigan University Eagles women's soccer team, Dunn has displayed exceptional skill and dedication on the field.



REBECCA GRISDALE

Grisdale has been a Calgary Foothills player since Grassroots, including as Captain of the 2004 National Winning Team. She is a player who demonstrates the type of leadership and calibre that Foothills develops and demands.



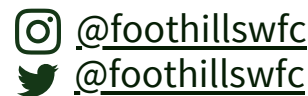
CALEIGH BOECKX

Boeckx has played for the Canadian National U20 team at CONCACAF. While at Rice University, her team was the Conference USA champions. Additionally, she competed in the Sweet 16 at the NCAA's. Boeckx was also named to the conference all-tournament team.



LARA KAZANDJIAN

In 2022, Kazandjian was named to the UWS First Team and the All Big East First Team at the collegiate level. She has national team experience, having played on the Canadian U15, U17, U20 teams & the Armenian senior team.



SARAH KINZNER

Kinzner played pro soccer with Ferencvárosi TC in Budapest. She has participated in multiple international tournaments, including U17 & U20 FIFA World Cup, U17 & U20 CONCACAF, and U23 Pan Am Games.



ELIZABETH KNIGHT

Knight was named to the 2022 Can West 2nd Team and in 2021/2022 played for the Mount Royal Cougars as a goalkeeper.



TORI MARTYN

Martyn played for Foothills in the UWS League in 2018 and returned in 2021, bringing the experience and leadership she obtained while playing professionally in Sweden.



GRACE MOORE

At the University of Calgary, Moore and her team took home a CanWest bronze medal in 2022. In 2016, she took home a National Championship and the Golden Boot Award.



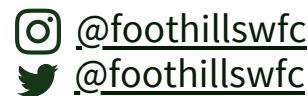
EMMA NICHOLSON

Nicholson has played in the UWS League since 2022. In 2019, while playing two years up, she was part of the Foothills team that won the Youth National Championship. In 2022, she was a key player for the team that won the Alberta Youth Soccer League Championship, showcasing her versatility and ability to succeed at different levels of play.



SYDNEY REMINGTON

Remington just wrapped up her first year playing at the University of Vermont, making the league's 2022 American East All-Rookie Team.



EMMA STEEN

Steen has an incredible year at StFX , being named an AUS First Team Allstar and a Usports All-Canadian athlete.



GRACE STORDY

In 2022, Stordy was named to the AAC 2022 first team roster, as well as the United Soccer Coaches' All-South Region Second Team in the same year.



ANDERSEN WILLIAMS

Williams competed on the U17 and U20 Canadian National team and was named the Vancouver Whitecaps' Most Promising Player in 2019.



GEORGIA WILSON

Wilson has professional experience in the English Women's Super League and represented England at the youth level.



MOMO NAKAO

Nakao represented the National Team of Japan Football Association at various youth levels and competed in the 2018 FIFA World Cup. At the University of Memphis, Nakao has received several accolades.



MAGGIE ZACKSO

Zackso played for Foothills in 2018, 2021 and 2023. In 2022, she honed her experience by playing professionally in Sweden.



Quotes and Testimonials:

"I've been playing for the UWS team since I was like 15 so this is my sixth season, but that pro level was never an opportunity because we haven't had that pro level in Canada. So it's starting in a few years, and that's kind of the transition we're looking to do as a club is to have these elite levels where it gives us the bridge to be able to play at the top level in Canada." - Mya Jones

"When I was younger, UWS wasn't even a thing in Canada, so to think now we have that and a pro league coming is really awesome. I did know that I could go play pro in Europe, and I knew that there were opportunities there, but that would be a lot harder for me to do and there would be a lot of steps in between." - Izzy Monck

"To have this pipeline all the way to a pro league now and for us to be able to have the opportunity to play pro in our own country and not have to worry about going to other countries and finding contracts there is awesome. We get to play in our own home in front of our own family and friends." - Izzy Monck

Joe Futore

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