

Calgary Foothills Soccer Club

Travel Policies and Procedures



The Calgary Foothills Soccer Club has worked hard to build relationships with many clubs and associations worldwide, especially in Canada and the United States.

It is a privilege to participate in Club-arranged training tours and team tournaments.

Club members participating in these activities are expected to act as goodwill ambassadors for Foothills and our City, Province, and Country. We have developed these guidelines to help you do that.

All teams will follow our travel policies and procedures when traveling for out-of-town soccer events.

Travel Objective

The objective of the trip is for our members to experience premier soccer competitions and cultivate experiences and unforgettable memories.

These activities allow players to showcase their talents and gain valuable knowledge that will improve their personal game.

Playing time is based on a combination of the following factors:

- Matchfitness,
- Performance,
- Ability to contribute to the predetermined Tactical Match Plan, and
- Attitude on and off the pitch.

Players will also be granted free time to develop team bonding and partake in injury prevention and recovery.

Player Conduct

- Players are not permitted to leave their accommodations or group under any circumstances unless accompanied by an adult or unless they have been granted permission by their coach(es) or chaperone(s).
- A player who is granted permission to leave the group without an adult must be accompanied by another teammate.
- Curfews will be set daily depending on team activities. Any violation of this procedure will be deemed a serious offense subject to discipline.

Calgary Foothills Soccer Club

Travel Policies and Procedures



- Players are not allowed in coach's rooms without a chaperone.
- In the case where female teams travel, no opposite genders are allowed in rooms.
- Players will not possess or use alcohol, drugs, vaping pens, or cigarettes at any time. Players will be severely disciplined if found in breach of this policy.

Violation of Travel Policies and Procedures

- Any player who violates team travel policies or procedures may receive a reduction of playing time or be sent home from the tournament/team at their parent's expense, depending on the nature of the violation.
- All players will act in an appropriate manner to positively represent their Province, City, and Calgary Foothills Soccer Club.
- All players will abide by the rules and regulations of the tournament in which we are playing.
- All players and parents will always be respectful of the officials, opponents, and referees.

Daily Agenda

- A tournament itinerary/schedule will be prepared by the team coach/manager/chaperone and must be followed by all players.
- The itinerary will include helpful knowledge such as match times, training times, meals, meetings, and team activities.
- Players are responsible for arranging their own wake-up calls and checking the itinerary daily. Repeated tardiness will not be tolerated. Hotel wake-up calls will be arranged for all player rooms.
- All electronics, including phones, tablets, etc., will be handed in by the players to ensure maximum sleep and to avoid distracting teammates. These will be returned to the player the next morning at breakfast.

Players Responsibilities

Calgary Foothills Soccer Club

Travel Policies and Procedures



- Players are required to know the itinerary/schedule for the tournament.
- No swimming or hot tub in between matches is allowed unless approved by the coach for injury recovery. The team coach must also approve swimming or hot tub after matches.

Club Attire

All players and coaching staff must wear club-approved Foothills gear:

- When traveling, playing, training, and otherwise representing our Club as a team in any capacity. This supports our safety protocols by enabling easy identification of team members. It also helps reinforce our Club brand.
- To all team activities, including team events, meals, and watching any tournament games.

Tournament Expenses

All tournament expenses will be the responsibility of each individual team.

APDL Travel Policies

Below are mandatory travel policies for all Foothills teams participating in the APDL (Alberta Player Development League)

When away games or out-of-town games kick off BEFORE 12:00 PM., all APDL teams will:

- Travel the night before, and the players will stay in appropriate hotel accommodations with 2-4 players to a room and 1 chaperone for every 5 players.
- All parents will be required to stay at a different hotel than the players, coaches, and chaperones.
- Follow ALL travel policies and guidelines listed above when overnight travel is required.

When away games or out-of-town games kick off AFTER 12:00 PM, all APDL teams will:

Calgary Foothills Soccer Club

Travel Policies and Procedures



- Have the option to travel the night before following all travel policies listed above or travel up the same day. This will be at the coach's direction.
- or
- Follow the mandatory timeline below when traveling up on the same day as the game. Below is an example timeline based on a 2:00 PM Kick-Off

Option 1:

- 8:30AM: Team Meets at a neutral location for carpooling and preparation for departure
- 9:00AM: Team Departs through the following options:
 - Carpooling (recommended)
 - Bus/Minibus Rental
 - Players travel with parents
- 10:30 AM: Pre-Game Team Meal in [RED DEER IN THIS EXAMPLE] at a restaurant of the team's choosing
- 11:30 AM: Depart to Field
- 1:00PM: Arrive at Field
- 2:00PM: Kick-Off
- 4:30PM: Depart back to Calgary

Option 2:

- 8:00AM: Team Meets at a neutral location for carpooling and preparation for departure
- 8:30AM: Team Departs through the following options:
 - Carpooling (recommended)
 - Bus/Minibus Rental
 - Players travel with parents
- 11:30 AM: Pre-Game Meal and Pre-Game Meeting at Hotel Conference Room (expenses to be occurred by team)
- 12:30 PM: Depart to Field

Calgary Foothills Soccer Club

Travel Policies and Procedures



- 1:00PM: Arrive at Field
- 2:00PM: Kick-Off
- 4:30PM: Depart back to Calgary